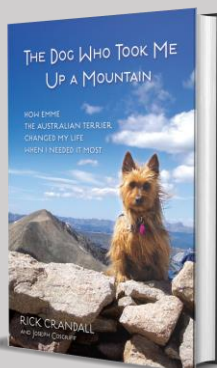




## HOW SHOULD YOU LIVE THE LAST THIRD OF YOUR LIFE? TO THE FULLEST.



**Rick Crandall, author**  
**Joe Cosgriff, writer**

Releasing in Print, Kindle, and  
Audio on October 8, 2019

Rick Crandall's memoir, *The Dog Who Took Me Up a Mountain* is a story of finding a new passion late in life thanks to a little dog with a big personality.

Emme, a 20-pound Australian terrier found her passion climbing to the highest point on every Colorado hike. Before long, Emme and faithful human companion Rick are scaling Colorado's "fourteeners," peaks over 14,000 feet high. In mountaineering Rick realizes he too has found—in his late sixties—his life's new passion. This is where Emme has led him: out of the abyss and to the top of the mountain

I have come away from these experiences in the mountains with a deep conviction: finding and pursuing a passion – any passion – is as important in one's later years as it is all through life.  
—Rick Crandall

### Praise for *The Dog Who Took Me Up a Mountain*

*I am hugely impressed by your ascents of the fourteeners and your approach to the book, never too late to find a new passion in life.*

—Sir Chris Bonington, legendary mountaineer, author and lecturer

*Cats may enjoy nine lives, but in Rick Crandall's *The Dog Who Took Me Up a Mountain*, we learn how a pint-sized Australian terrier named Emme opened up a new, richly rewarding second-life for a man who thought he had it all until his little four-legged giant showed him how to really live*

—Doug McIntyre, Los Angeles Daily News/Orange County Register

Distributed by Simon & Schuster  
Published by Health Communications, Inc. (HCI),  
the original publishers of *Chicken Soup for the Soul*

Visit: [www.RickCrandallBooks.com](http://www.RickCrandallBooks.com)  
for more information.

# UPCOMING EVENTS

## *The Dog Who Took Me Up A Mountain*

- **Aspen, Oct 11:** 5:30 pm Explore Booksellers supported by Colorado Mountain Club
- **Dallas, TX, Oct 13:** 1:00 pm Barnes & Noble at Preston Royal Shopping Center, sponsored by Clayton Vette
- **Palo Alto, CA Oct 14:** 7:00 pm Books Inc., Town & Country Village
- **La Jolla, CA, Oct 15:** 6:00 pm – 7:30pm La Jolla Riford Library Auditorium, sponsored by Joy and Hugh Bancroft
- **Vail/Edwards, CO, Oct 17:** 6:30 pm Bookworm of Edwards, supported by Colorado Mountain Club and Bob Louthan
- **Denver LoDo, Oct 21:** 7:00 pm at Tattered Covers supported by Colorado Mountain Club supported by Colorado Mountain Club
- **Colorado Springs, Oct 22: 6:00 pm** Mountain Chalet outdoor equipment store sponsors are the owner of Mountain Chalet; Pam Shockley-Zalabak, Chancellor Emerita of University of Colorado, Colorado Springs, the National Cyber-security Center and the Colorado Mountain Club
- **Miami, FL, Oct 25:** 6:30 pm Books & Books Coral Gables, sponsored by Clayton Vette
- **Palm Beach, FL Oct 26:** 2:00 pm Palm Beach Book Store
- **New York, NY, Oct 30** 5:30 pm Core Club sponsored by Michelle King Robson and Peter Worth (by invitation, contact me)
- **Chicago, IL, Nov 2:** 3:00 pm Barnes & Noble, Oakbrook Center, sponsored by Pelstar, LLC and DFIN, Inc.
- **Ridgewood, NJ, Nov 9:** 12:00 pm Bookends Bookstore
- **Kansas City, MO, Nov 10:** 3:00 pm A champagne party sponsored by ten local KC people plus Rainy-Day Books and supporters of Wayside Waifs no-kill animal shelter; Some are matching gross book sales that day up to \$5,000 each in donations to the shelter.

Please visit [www.RickCrandallBooks.com](http://www.RickCrandallBooks.com) for a complete list of events and information about the book.





# WHAT PEOPLE ARE SAYING ABOUT

## *The Dog Who Took Me Up A Mountain*

*"I am hugely impressed by your ascents of the fourteeners and your approach to the book—never too late to find a new passion in life."*

—**Sir Chris Bonington**, legendary mountaineer, author, and lecturer

*A wonderful book about Emme and the impact she had on Rick's life. You will fall in love with Emme!* —**Ann Ferri**, Amazon Reviewer \*\*\*\*\* (5 stars)

*I love this book. A copy is going to each member of my family for Christmas. When I read the book it made me think about the passions in my life, including hiking with my dog, Billie." ---Judy Hamilton, author and wildlife photographer \*\*\*\*\* (5 stars)*

*Delightful memoir of a man and his Australian terrier and their love of hiking Colorado's high peaks. This book hit several high notes for me—a great location, a pastime I love, and a dog with personality. Highly enjoyable for dog lovers. My only complaint is that I read the advanced reader's copy on my Kindle, and the photos were not included. Recommended. --- Patricia Cook, Educator \*\*\*\* (4 stars)*

*This was an inspiring book. I loved how the dog had such an impact on his life. I'm glad he didn't dwell on his decline and loved the description of how gorgeous Colorado is. --- Kelly Burns, Amazon reviewer \*\*\*\* (4 stars)*

*I enjoyed reading about Rick's adventures in the mountains with his best friend Emme. You should know that I love dogs. Not so crazy about men. But you don't have to love dogs or men to love this book and how it speaks to all of us. —Richard Kind, Actor*

*"An amazing journey. Congratulations. Your feat dwarfs others. Your book will be a major success, it will inspire many into outdoor health which is a mantra in Colorado." —John Hickenlooper, former Colorado governor*

*"Cats may enjoy nine lives, but in Rick Crandall's *The Dog Who Took Me Up a Mountain* we learn how a pint-sized Australian terrier named Emme opened up a new, richly rewarding second-life for a man who thought he had it all until his little four-legged giant showed him how to really live." —Doug McIntyre, Los Angeles Daily News / Orange County Register \*\*\*\*\* (5 stars)*

*This is a wonderful story of a man and the love he had in the small package of his dog, Emme an Australian terrier! It is such a good book of their time together in the gorgeous mountains. I did cry at the end, these little guys aren't with us long enough, but their memories remain for life. It is a very good book! --- Jean Brewer, Goodreads reviewer \*\*\*\* (4 stars) really liked it*

*Crandall's warm (and nearly unbelievable) recollections of her taking charge of bears, other dogs, and bulls are humorous, and her impact on his life is inspiring. --- Greg Guarino, Amazon reviewer \*\*\*\*\* (5 stars)*

*This was a really fun story - so fun to see how owner and dog had such a close relationship, how they knew what the other needed or wanted. So many great stories of the adventures they took throughout the years and what it took to get them there. --- Alison DuFlori-DeLeo Goodreads reviewer \*\*\*\* (4 stars)*